# Leaning & Step Ladder User & Inspection

### Who should attend?

Any individual who will use or supervise the use of leaning ladders & steps ladders in the workplace.

#### **Course Aims**

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We aim to provide a complete introduction to this temporary access equipment covering whilst outlining the dangers of incorrect ladder usage. We will explain how to select, set-up and use ladders as well as providing the required knowledge to carry out ladder inspections.

#### **Pre-requisites:**

- No previous experience or qualification required.
- All attendees must be medically fit to attend Completion of a medical statement sheet is mandatory.
- Delegates must be fluent in English.

#### **Course information:**

1-day duration, maximum 8 people.

#### **Certification:**

Certification and ID Card will be issued upon successful completion of the course and assessments. This will be valid for 5 years from date of course.

## **Course content includes:**

- An outline of the HSE requirements for ladder usage including coverage of Schedule 6 – WAH Regulations.
- Address the requirements of the ladder hierarchy and the criteria for Short Duration Working.
- Address the key areas of risk assessment including coverage of risk organisation and competence planning.
- Outline the requirements for positioning, extending and climbing leaning & step ladders.
- Undertake classroom and practical exercises to confirm competence when using leaning and step ladders.
- Address the process for ladder inspection and the inspector's role to identify faults including coverage of the documentation for record keeping.

#### **Training Methods**

We will combine theory and practical training methods to ensure delegates receive the information required in preparation for their assessment. Printed course material, practical demonstrations and hands on training will be conducted throughout the course.

All training is designed and delivered to meet BS 8454:2006 code of practice for the delivery of training and education for work at height and rescue.



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