

# **Working at Height Regulations**

## Who should attend?

This course is aimed at individuals that need a practical understanding of the Work at Height Regulations 2005 (as amended).

#### **Course Aims:**

We will cover the legal duties imposed by the Work at Height Regulations 2005, via a step-by-step travel through the regulations.

# **Pre-requisites:**

- No previous experience or qualification required.
- Delegates must be fluent in English.

## Course information:

½ day duration, maximum 12 people. This course can be delivered face to face or virtually.

Delegates be fluent in English.

## Certification:

Certification will be issued upon completion of this course.

#### Course content includes:

- Outline the law and legal obligations for work at height including a summary coverage of the schedules.
- Brief understanding of the types of equipment outlined within the schedules and the inspection frequency.
- Coverage of the hierarchy contained within the regulations and how it should be implemented.

# **Training Methods:**

This training course combines theory and training methods to ensure delegates receive the information required.