

# Leaning Ladder & Flat Roof Instructor Course

## Who should attend?

This Smart Awards accredited course (SA050C) will provide each attendee with formal certification recognised within the Telecommunication sector. It is suitable for any individual who currently delivers in company training and wishes to extend their knowledge using leaning ladders and working on domestic flat roofs with the inclusion of fall protection equipment for short duration working.

## Course Aims:

We aim to provide each attendee with the underpinning knowledge and practical skills to safely train their company employees to use fall protection equipment on leaning ladders when accessing property elevations and using work restraint processes on unprotected domestic flat roofs.

## Pre-requisites:

Each attendee must have attended a ladder user course or have knowledge and experience working from a leaning ladder.

Each attendee requires a Tetra leaning ladder & flat roof kit. Prep work will be required overnight between day 1 & 2. All attendees must be medically fit to attend – Completion of a medical statement sheet is mandatory.

## Course information:

2-day duration, maximum 6 people.

## Materials:

Instructor guide & Fob will be issued to each attendee.

## Smart Awards Endorsement:

Smart Awards working alongside Tetra provides an assurance framework for Tetra ladder and domestic flat roof training that meets the standards set jointly by Tetra and Smart Awards. This joint accreditation specifically aims to provide peace of mind and assurances that ladder and flat roof safety is being run to minimum standards in terms of safety and compliance and to consistently meet the high standards that we demand as an Awarding Body.

All training is designed and delivered to meet BS 8454:2006 code of practice for the delivery of training and education for work at height and rescue.

## Course content includes:

### Day One

- Introduction to the instructors guide including its structure and content.
- Demonstration of the harness fitting session and review with instructors guide.
- Instructor delivery and analysis of the session on Fall Classification and Effect.
- Instructor lead session covering the usage and fitting of fall protection equipment, the ladder securing process and access procedures.
- Completion of practical exercises, fitting equipment and securing the ladder.
- Conducting a practical ladder exercise at a height of approximately 6 metres (Guidance height only)
- Conducting a practical exercise carrying out a safe method of installing a single point fall protective system to a flat roof.
- Allocation of overnight tasks including open book written assessment.

### Day Two

- Instructor delivery and analysis of the session on UK legislation.
- Candidate delivery of 1-1 instruction.
- Candidate delivery of Practical sessions.
- Candidate delivery of Theory sessions.
- Instructor lead session covering the equipment user inspection process.

## Certification:

Smart Awards certificate & ID Card will be issued upon successful completion of the course and assessments. This will be valid for 3 years from date of course.

