

# Leaning & Step Ladder User

## Who should attend?

Any individual who will use leaning ladders & steps ladders in the workplace.

## Course Aims

We aim to provide a complete introduction to this temporary access equipment covering whilst outlining the dangers of incorrect ladder usage. We will explain how to select, set-up and use ladders.

## Pre-requisites:

- No previous experience or qualification required.
- All attendees must be medically fit to attend – Completion of a medical statement sheet is mandatory.
- Delegates must be fluent in English.

## Course information:

1-day duration, maximum 8 people.

## Certification:

Certification and ID Card will be issued upon successful completion of the course and assessments. This will be valid for 5 years from date of course.

## Course content includes:

- Understand the HSE requirements for ladder usage in particular coverage of Schedule 6 – WAH Regulations.
- Learn the requirements of the ladder hierarchy and the criteria for short duration working.
- Understand the key areas of risk assessment.
- Understand the importance of pre-use checks.
- Learn the requirements for positioning, extending, using & climbing leaning ladders & telescopic ladders.
- Learn the requirements for positioning & using step ladders.
- Carry out practical exercises to confirm competence.

## Training Methods

We will combine theory and practical training methods to ensure delegates receive the information required in preparation for their assessment. Printed course material, practical demonstrations and hands on training will be conducted throughout the course.

All training is designed and delivered to meet BS 8454:2006 code of practice for the delivery of training and education for work at height and rescue.