

# General Working at Height Awareness Course

## Who should attend?

This classroom awareness program is aimed at individuals that need a clear and practical understanding of the Work at Height Regulations 2005.

## Course Aims:

This course will provide attendees with a clear understanding of the key requirements of the Work at Height Regulations 2005.

## Pre-requisites:

- No previous experience or qualification required.
- Delegates must meet the minimum age of 18 years and be fluent in English.

## Course information:

½ day duration, maximum 12 people.

## Certification:

Certification & ID card will be issued upon completion of this course.

## Course content includes:

- Outline of the law and legal obligations for work at height including a summary coverage of the schedules.
- Coverage of the primary areas of risk and what is required to control them.
- Coverage of the hierarchy contained within the regulations and how it should be implemented.

## Training Methods:

All training is designed and delivered to meet BS 8454:2006 code of practice for the delivery of training and education for work at height and rescue.