

Management of Work at Height

Who should attend?

This classroom awareness program is aimed at individuals that organise, plan or carry out work at height and therefore need a clear and practical understanding of the Work at Height Regulations 2005.

Course Aims

This course will provide a clear understanding of the Work at Height Regulations and the risk management strategy that needs to be implemented, including the essential information on managing and carrying out working at height tasks.

Pre-requisites:

- No previous experience or qualification required.
- Delegates must meet the minimum age of 18 years and be fluent in English.

Course information:

1-day duration, maximum 10 people.

Certification:

Certification & ID card will be issued upon completion of this course.

Course content includes:

- Outline of the law and legal obligations for work at height and schedules.
- Approach for using the hierarchy to aid with the understanding of equipment selection.
- Risk Assessment & Rescue Plans – Understanding their importance.
- Implementing management procedures for complying with the regulations.
- Process for selecting appropriate equipment to prevent or minimise the potential fall risk.
- An understanding of equipment classification and its usage including the potential fall hazards and the risk of post fall suspension trauma.
- The main elements of a personal fall protection system including the equipment selection, frequency of inspection and limitations.
- Appreciation of the types of access equipment for site work and the maintenance of installed safety systems.

Training Methods:

All training is designed and delivered to meet BS 8454:2006 code of practice for the delivery of training and education for work at height and rescue.