

Flat Roof Top Up Instructor

Who should attend?

This course has been developed for any individual who has already completed the Leaning Ladder or Leaning & Roof Ladder Instructor course within the last six months and now wish to incorporate the working at height requirements for short duration working on flat roofs.

Course Aims

We aim to provide each attendee with the underpinning knowledge and practical skills to safely train their company employees using work restraint processes on unprotected flat roofs. During this training candidates will be introduced to the fall protection equipment for flat roof working including inspection and limitations.

Pre-requisites:

- All attendees must have completed the Leaning Ladder or Leaning & Roof Ladder Instructor course and be in possession of a valid instructor certificate within the last six months.
- All attendees must be medically fit to attend – Completion of a medical statement sheet is mandatory.
- Delegates must be fluent in English.

Course information:

1 day duration, maximum 6 people.

Materials:

Instructor guide & fob will be issued to each attendee.

Certification:

Certification and ID Card will be issued upon successful completion of the course and assessments. This will be valid for 3 years from date of course.

Course content includes:

- Introduction to the instructor guide including the structure and content.
- Review the work at height hierarchy.
- Introduction of the HSE requirements for Flat Roof Short Duration Working and summary of additional requirements covering fragile surfaces and falling objects.
- Introduction of the main hazards associated to flat roof working and outlining the working parameters for flat roof access including demarcation.
- Instructor lead session covering access and working on flat roofs.
- Completion of practical exercises, fitting equipment, accessing and carrying out safe working procedures on a flat roof.
- Completion of written assessment.

Training Methods

We will combine theory and practical training methods to ensure delegates receive the information required in preparation for their assessment. Printed course material, practical demonstrations and hands on training will be conducted throughout the course.

All training is designed and delivered to meet BS 8454:2006 code of practice for the delivery of training and education for work at height and rescue.