

# Loft Working Candidate Course

## Who should attend?

This course is designed for individuals who as part of their working day are required to undertake tasks within boarded and un-boarded loft spaces, using either a portable or fixed ladders to gain access.

## Course Aims

We aim to provide each candidate with the underpinning knowledge and practical skills to safely access and work within these spaces and where necessary to utilise additional equipment to travel to the working location.

## Pre-requisites:

- All attendees must be medically fit to attend—completion of a medical statement sheet is mandatory.
- Delegates must be fluent in English.

## Course information:

1-day duration, maximum 8 people.

## Certification:

Certification and ID Card will be issued upon successful completion of the course and assessments. This will be valid for 3 years from date of course.

## Course content includes:

- Understand the requirements of UK legislation.
- Identify the importance of using competent people.
- Identify the link between a loft space and a confined space.
- Know the type of recommended equipment for loft working and the inspection process.
- Review the hazards of loft access and the method for gaining access.
- Review the hazards of loft working including exposure control.
- Complete a practical exercise accessing and operating with a loft space.
- Completion of a written assessment to confirm understanding of course content.

## Training Methods:

This training course combines theory and practical training methods to ensure delegates receive the information required in preparation for their assessment. Printed course material, practical demonstrations and hands on training will be conducted throughout the course.

All training is designed and delivered to meet BS 8454:2006 code of practice for the delivery of training and education for work at height and rescue.