

# Leaning Ladder & Pitched Roof Instructor Course

## Who should attend?

This course has been developed for in company training instructors whose business has already trained their employees to use and inspect leaning & roof ladders but currently use these without any means to prevent a fall.

## Course Aims

We aim to provide each instructor with the underpinning knowledge and practical skills to safely train their company employees to use fall protection equipment on leaning & roof ladders when accessing property elevations. During this training candidates will be introduced to items of personal fall protection equipment which will enable the individual to safely reach their working position maintaining 3 points of contact.

## Pre-requisites:

Each attendee requires a Tetra leaning ladder & pitched roof kit and must be familiar with WAH practices using both types of ladders. Prep work will be required overnight between day 1 & 2. All attendees must be medically fit to attend – Completion of a medical statement sheet is mandatory.

## Course information:

2-day duration, maximum 6 people.

## Materials:

Instructor guide & Fob will be issued to each attendee.

## Certification:

Certification & ID Card will be issued upon successful completion of the course and assessments. This will be valid for 3 years from date of course.

## Course content includes:

### Day One

- Understand the content of the instructor guide and the layout for delivery to candidates.
- Know the difference between work restraint & fall arrest and the importance of correct anchorage.
- Understand the method for fitting, usage & inspection of all fall protection equipment (FPE) specified for this course, including the system limitations.
- Appreciate the standards for pitched roof safety and the hazards to be avoided.
- Understand the access methods for ladders on elevations and pitched roofs including the requirements for self-rescue.
- Know the different methods for anchoring the leaning ladder system.
- Demonstrate the method for securing and using FPE on leaning ladders.
- Demonstrate the process and transfer method for using a single rope on roof ladders to gain access to a pitched roof.
- Complete overnight and open written assessment & prepare for the assigned classroom tasks.

### Day Two

- Day 1 questions & open book review.
- Legislation
- Preparation – classroom & instructional sessions
- Classroom sessions – 10 minutes per person
- Instruction sessions – Leaning ladder & pitched roof.

All training is designed and delivered to meet BS 8454:2006 code of practice for the delivery of training and education for work at height and rescue.